



TJK Syllabus Seminar Masterclass *with*

***National Coach Tasshi Ross Iannocaro
assisted by Senior TJK coaches.***



Weapon Defences
Learning how to defend against weapons is essential for self defence. The TJK syllabus has many practical and effective skills that can be used against all types of weapon attacks. This workshop will address all areas of weapon defence from avoidance to practicing skills used in the samurai era.

All teachings will be age related.

8th May 2022
Chosen Hill Sports Hall,
Brookfield Road, Churchdown,
Gloucester GL3 2PL.

Juniors under 14 years
10.15 am - 11.45 am
14 years and over - All Adults
12 noon - 2.30 pm

Juniors
£12
Adults
£14



For more information visit our website www.taijutsukai.co.uk or email info@jujutsu.co.uk
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Name Club

Grade Contact Tel

Please reserve me junior places and/or adult places for the Masterclass Seminar
on 8th May 2022 at Chosen Hill Sports Hall, Brookfield Road, Churchdown, Gloucester GL3 2PL.

I enclose payment of £ (please make cheques payable to Grapple and Strike)

Please hand in completed form and fees to your coach or send to: TJK, Pool House Cottage, Purshall Green, Elmbridge, Droitwich, Worcs WR9 0NL.

