

AN INTRODUCTION TO

Grapple & Strike



Jujutsu Kumite



11th June 2023

**St. John's Sports Centre
Malvern Road
Worcester**

**Fee:
£12.00**



**3 point
event towards
grading**

This is a participation event where you will have the opportunity to practice and gain experience in Grapple and Strike (Sport Jujutsu) in an encouraging and friendly environment.

- **Rule intro**
- **Grappling and Striking Skills & Drills**
- **Unlimited friendly Sparring bouts**
- **Opportunities to win a trophy in a matched up competitive bout**
- **Top class tuition by TJKs most experienced competitors/coaches.**



Participation medal for all participants

For more info visit
www.taijutsukai.co.uk
Email: info@jujutsu.co.uk

**Children 13 years & below
9.30am - 12 noon**

**Teens 14 years and above
plus all Adults 12.30pm - 3.00pm**



Taijutsu Kai: Jujutsu

Name Club

Contact (tel) (email)

Please reserve me junior places and/or adult places for the 'Introduction to Grapple and Strike' participation day on 11th June 2023 at St.John's Sports Centre, Malvern Road, Worcester.

I enclose payment of £ (please make cheques payable to Grapple and Strike Ltd.)

Sort code: 40-26-08 Account No: 41475967

I do do not consent to having any photos of me taken during this event.

**Fee:
£12.00**

Please hand in completed form and fees to your coach or send to: Taijutsu Kai Office, Pool House Cottage, Purshall Green, Elmbridge, Droitwich, Worcs WR9 0NL.