



TAIJUTSU KAI
SCHOOLS OF JUJUTSU
PRESENTS

43RD

**NATIONAL TRAINING
SEMINAR**

**3
POINTS**

15TH OCTOBER 2023
ST JOHNS SPORTS CENTRE

13 MALVERN RD, ST JOHN'S, WORCESTER WR2 4LE

ATEMI JUTSU WITH SENSEI ROSS
*INCORPORATING STRIKING METHODS
INTO SYLLABUS SKILLS*

GRAPPLE & STRIKE + SPORT JUJUTSU
WITH TOP SENIOR COACHES

FUN ZONE
DEMOLITION BALL, SUMO WRESTLING,
AND OBSTACLE COURSE

JUNIORS 9.30AM - 11.30AM
ADULTS & INTERMEDIATES (14YRS+) 12 NOON - 3PM

NAME: **AGE:**

CLUB: **TEL:**

HAND COMPLETED FORM AND FEE (CASH OR CHEQUE) TO CLUB COACH
PLEASE MAKE CHEQUES PAYABLE TO: Grapple and Strike Limited

ALTERNATIVELY YOU CAN PAY BY BANK TRANSFER:
PLEASE INCLUDE PARTICIPANTS NAME AS REFERENCE

NAME: Grapple and Strike Limited
SORT CODE: 40 - 26- 08
ACCOUNT NO: 41475967

LAST DATE OF ENTRY 10/10/23

I ENCLOSE FEE FOR:

JUNIOR £14
(UP TO AGE 16)

ADULT £16

I CONSENT TO PHOTOGRAPHY
AT THIS EVENT