

## Street Ready Training Workshop

Sunday 13th of July 2025

Fee: £15

St. Johns Sports Centre, Malvern Road, Worcester, WR2 4LE

An opportunity to experience a more realistic approach to the TJK skills, without the comforts of the Dojo.



3 point event towards grading

Wear casual or loose clothing & trainers / sports shoes.

This Workshop will give you an insight into the power of the TJK skills and equip you to adapt them for a variety of threatening situations as well as awareness skills to be able to spot early signs of danger. With Sensei Lee lannoccaro and special guest instructor TJK Sensei Danny Tamblyn.

With over 40 years experience, Sensei Danny has taught martial arts and self defence across Europe and the USA to the public, law enforcement and military agencies.



Juniors 12yrs+ and Adults
10am to 12noon

Name:	Club:
Tel:	email:
Please reserve me junior places and/or adult places.  I enclose payment of £ (all payments to Grapple & Strike) NEW ACCOUNT	
Sort code: 40 19 27   Account No: 11545035	please use participants name as reference  Return this form